

OMS is taking important steps to keep our youth substance-free!

It's a FACT.

MOST OMS students DO NOT use alcohol or other drugs.

However, they *believe* that many of their peers DO.

MOST OMS students make good choices!

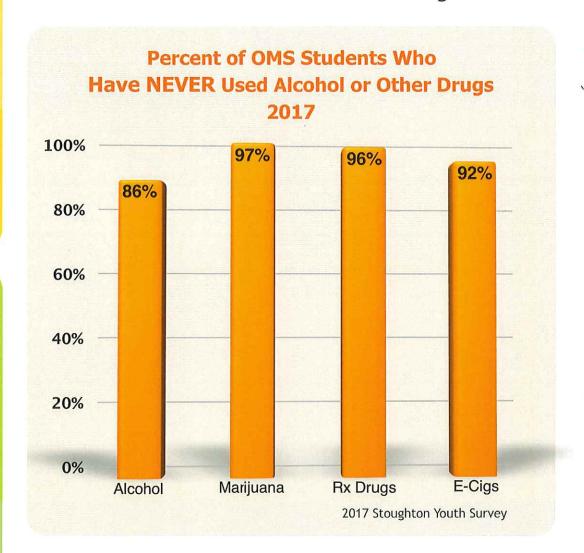
Did you know?

MOST (66%) OMS students have at least one adult in the school they can talk to if they have a problem.

MOST (86%) OMS students can talk to at least one of their parents about things that are important to them.

MOST (94%) OMS students have clear family rules about substance use.

MOST O'Donnell Middle School Students make good choices!



Top Reasons OMS Students Do Not Use Alcohol or Marijuana

#1: It is bad for my health.

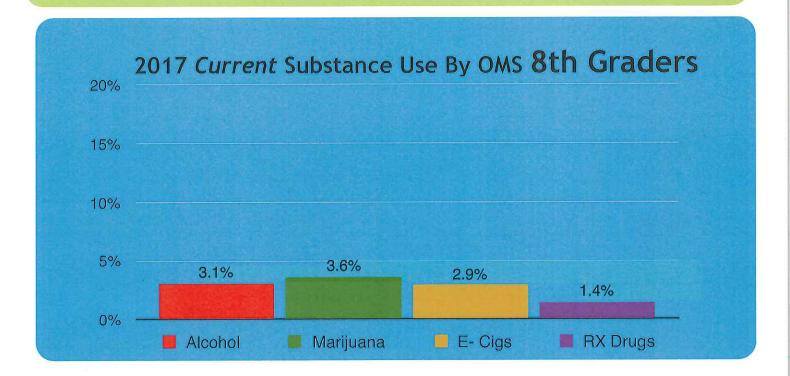
#2: "I don't want to get in trouble with my parent(s) or guardian(s)."

#3: "I don't want to jeopardize my future plans."

MOST (94%) O'Donnell Middle School Students report that their parents / guardians talk to them abut the dangers of alcohol and other drugs.*

Research shows that when parents talk to their teens about the risks of drugs and alcohol, those teens are <u>up to 50% less likely to use substances</u>.**

*2017 Stoughton High Youth Survey **The Partnership at drugfree.org / www.drugfree.org/prevent



MOST OMS students make good choices, but we still have work to do!

Alcohol and other drug use by teens is associated with greater likelihood of drug and alcohol problems later in life. Early substance abuse also increases the risks for drop-out, car crashes and other negative health and social outcomes.

Talk to your child about alcohol and other drugs.

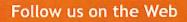
For ideas on how to start these conversations visit www.stoughtonoasis.org/parents

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Looking for More Information?

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